

## Newsletter

November 7th, 2025

### OUR NEWSLETTER

#### Communications 101

Hey Klahoose community,

I hope everyone had an eventful Halloween this year! I definitely saw some fantastic costumes wondering around the community.

Reminder to those who have not filled out the yearly Annual Distribution form yet, I highly suggest to do so to as our first distribution date is November 12<sup>th</sup>, 2025 (see form on our website: Members Portal!). Please call the Multipurpose Building if you are in need of assistance with this.

Want to see something in the newsletter or website? Please send me your ideas!

Eva Delorme



#### Word/Phrases of the week.

- hays qaymıχ<sup>w</sup> - respected person
- laspol - soccer ball
- nuł - older brother
- x<sup>w</sup>umyič - Skin
- hɛhaw λɛλoq ɫa məjəθ - The meat is chewy.
- k<sup>w</sup>unala qol təs šəθ jɛjɛ - Your cousin finally arrived.
- hoštəm ju - We will go home.



All these can be found on the First Voices website or App

<https://www.firstvoices.com/klahoose/>

### Upcoming Week Events

- **Indigenous Veterans Day - 30<sup>th</sup> Anniversary!**  
Saturday November 8<sup>th</sup>, 2025.
- **Offices Closed**  
Monday, November 10<sup>th</sup>, 2025.  
The Multipurpose Building, fitness gym, & Health Center will be closed in honor of Remembrance Day.
- **CANCELLED Elder's lunch**  
Monday, November 10<sup>th</sup>, 2025.  
Delivered door to door.
- **CANCELLED Board Game Night**  
Monday Nov. 3<sup>rd</sup> @ Main Hall, MPB  
6:30 PM - 8:00 PM
- **National Remembrance Day**  
Tuesday, November 11<sup>th</sup>, 2025.
- **Elder's & SA Lunch**  
Every Tuesday  
Delivered door to door.
- **Garden Work Bee**  
Every Tuesday @ Klahoose Community Garden  
1:00 PM to 4:30 PM - Everyone welcome!
- **Healing Circle W/ Norman Harry Sr.**  
Every Tuesday @ Old Band office, Rear Entrance.  
6:00 PM - 7:00 PM - Everyone welcome!
- **Culture Night**  
Every Tuesday @ Main Hall, MPB.  
6:00 PM to 8:00 PM
- **CANCELLED Toddler Program**  
Thursday, November 13<sup>th</sup>, 2025 @ Main Hall, MPB.  
10:00 AM - 12:20 PM  
This event is cancelled for this week, regularly scheduled Toddler program will commence following week.
- **Language Bingo**  
Every other Wednesday @ Main Hall, MPB.  
5:00 PM Dinner, 5:30 - 7:00 PM Language Class.
- **Arts and Crafts**  
Every Thursday @ Main Hall, MPB.  
4:40 - 6:00 PM
- **Klahoose Health Fair**  
Tuesday, Nov 18<sup>th</sup> @ Main Hall, MPB  
11:00 AM - 3:00 PM  
Klahoose Community welcome, More information to come soon!

# JOB POSTINGS



## ■ Store Clerk

### Full-Time/Part-Time

📍 Gorge Harbour Marina Resort  
The Gorge Harbour Marina Resort is looking for an energetic and friendly clerk for the Gorge Store to help maintain their inventory of all items and products while providing exceptional customer service.  
See full job description for more information.

To apply, please send your cover letter with resume to [team@gorgeharbour.com](mailto:team@gorgeharbour.com)

## ■ Cook - Full Time/Seasonal

📍 Klahoose Wilderness Resort  
This position is based on a daily, split-shift routine: AM service into housekeeping and PM meal service into clean up/reset for morning service.  
See full job description for more information.

To apply, please send your cover letter with resume to [team@klahooseresort.com](mailto:team@klahooseresort.com)

You can also check out the full job descriptions for all the postings on this page, on our website!



Klahoose First Nation Website  
[www.klahoose.org/jobpostings](http://www.klahoose.org/jobpostings)

## ■ Working Opportunity: Klahoose Community

### Inquiry

📍 Klahoose First Nation  
Klahoose will be undergoing Waste Management System upgrades, some occurring in August/September/October 2025 & more serious upgrades scheduled in 1.5 to 2 years in the future.

The Infrastructure & Development Department is currently seeking expressions of interest from Klahoose community members who have experience in the following areas for the future:

- Flagger (Sewage repair work)
- Biologist Assistant (Working one day a week with the biologist, 10 Hours a week.)
- Radio Operator (For emergency communication)

**Please contact Robert Dinning if this piques your interest.**

**P:** 250-935-6536 ext. 241

**E:** [robertdinning@klahoose.org](mailto:robertdinning@klahoose.org)

## ■ Housing Maintenance Associate - Full time

📍 Klahoose First Nation  
We are currently seeking a full-time Housing Maintenance Associate responsible for providing as-needed general maintenance and repairs for all Band-owned housing.

See full job description for more information.

To apply, please send your cover letter with resume to Melinda Biddle.

**E:** [melindabiddle@klahoose.org](mailto:melindabiddle@klahoose.org)

**P:** 250-935-6536 ext. 231

# INDIGENOUS VETERANS DAY & REMEMBRANCE DAY



## 31st Anniversary of Indigenous Veterans Day

*Saturday, November 8<sup>th</sup>, 2025.*

Indigenous Veterans Day was first observed on November 8<sup>th</sup>, 1993 in Manitoba but was officially recognized by the Provincial Government in 1994.

This day is a day to honour and remember the thousands of First Nations, Inuit, and Metis people who served and sacrificed greatly in World War One, World War Two, the Korean War & in peacekeeping missions around the world.



Tommy Prince & Brother, Ojibwa from Manitoba who served with the Princess Patricia's Canadian Light Infantry.

You can check out this information and more from the resources below!



Indigenous Chamber of Commerce  
[www.indigenouchamberb.ca](http://www.indigenouchamberb.ca)



[Veterins.gc.ca](http://Veterins.gc.ca)

## Remembrance Day

*Tuesday, November 11<sup>th</sup>, 2025.*

Remembrance Day was first observed in 1919, originally called "Armistice Day" to commemorate the agreement that ended the First World War on Monday, November 11<sup>th</sup>, 1918 at 11:00 AM - on the eleventh hour of the eleventh day of the eleventh month.

Remembrance Day is a day that is to reflect those who sacrificed greatly in serving time in the World Wars. Each year on November 11<sup>th</sup>, at 11:00 AM Canadians pause for two minutes of silence to honor and remember the people who have served during times of war, conflict and peace. We remember more than 2,300,00 Canadians who have served through out Canada's history.

The red poppy is a symbol of remembrance as it flourished in the war-torn landscapes of the Western Front, where Dr. John McCrae sparked inspiration and wrote his poem, "In Flanders Fields."



## Family Board Game Nights

Every other Monday: Nov. 10<sup>th</sup>, 24<sup>th</sup> & On.

6:30 PM to 8:30 PM

Main Hall, Klahoose Multipurpose Building.

November 10<sup>th</sup> Event is CANCELLED.

Chess, checkers, crib, monopoly, or the Game of Life! Everyone is welcome to join.

## LAHAL (Traditional Game)

Every other Monday: November 17<sup>th</sup> & on.

5:00 PM - 7:00 PM

Main Hall, Klahoose Multipurpose Building.

LAHAL is a traditional Coast Salish gambling bone game. You can learn more about this from the resources below!



Lahal Game write - University of Victoria



YouTube Video by FatalPixels

## Language Bingo

Every other Wednesday: Oct. 29<sup>th</sup>, Nov. 12<sup>th</sup>, 26<sup>th</sup> & on.

5:00 Pm - &:00 PM

Main Hall, Klahoose Multipurpose Building.

Everyone is welcome to come to Language Bingo with Norman Harry Sr. Prizes for winnings include healthy food and snacks

## Ayajuthem Language Classes

Every other Wednesday: Nov. 5<sup>th</sup>, 19<sup>th</sup> & on.

5:00 PM - 7:00 PM

Main Hall, Klahoose Multipurpose Building.

## Toddler Programs

Every Thursday

10:30 AM to 12:00 PM

Main Hall, Klahoose Multipurpose Building.

Thursday November 13<sup>th</sup>, 2025 Toddler Program is cancelled, regularly scheduled event will continue on following week (Thursday November 20<sup>th</sup>, 2025).

There is a toddler program that happens once a week, guided by Kristen Harry. This program will serve Klahoose Community čičuý (Children), ages 0 - 8 (on and off reserve).

Lunch will be provided!

Please keep an eye out for more information.

### Point of contact:

Kirsten Harry, Education Department.

E: kristenharry@klahoose.org

## Arts & Crafts

Every Thursday (October & November)

4:30 - 6:00 PM

Main Hall, Klahoose Multipurpose Building.

Verna Russ will be hosting an After-School program/Arts and Crafts Night, every Thursday for the months of October & November.

Point of contact:

Verna Russ, Education Department.

E: vernaruss@klahoose.org



Marilyn Harry, Education  
E: educationfunding@klahoose.org  
P: 250-935-6536 ext. 232

## EDUCATION EVENTS PAGE 2

Through the Skills Enhancement Program, the Education Department was able to do hands on land learning with some of the Klahoose Community Youth!



Michael J (left) & Harvey B. (right) waiting on the Klahoose Dock to head to Toba Valley.

On October 22<sup>nd</sup>, 2025, Harvey Barnes and Michael James went up to Toba Inlet to work with Earnie Puglas!

Earnie shared with the youth and this included the cultural component on how to hunt, clean and prepare a deer.

This was a great opportunity for the youth to learn these cultural techniques for future hunting! (thank you) to Earnie Puglas for sharing!

The late Flavian Harry, who spoke highly of the importance of teaching our youth to hunt so they can provide for their now and future family. This is something Flavian wanted to continue year after year and we will continue to honor his wishes!

Please see QR code for a video of a speech by Earnie Puglas in Toba Inlet.



On October 24<sup>th</sup>, 2025, we had our youth participate with some community knowledge keepers on how to clean, hang, smoke and traditionally BBQ Chum Salmon.

We encourage and have high hopes that the youth will continue to utilize their newly learned skills for years to come!



Harvey B., Earnie Puglas & Michael J.  
Toba Valley, October 2025

Viewer discretion is advised: Hunted deer.



**Klahoose**  
FIRST NATION

## Are you a Klahoose member living off reserve and have a child or children between 0-8 years old?

Through BC Aboriginal Child Care Society funding Klahoose is now able to serve ALL of our Klahoose children on and off reserve, between the ages of 0-8!

Please provide your child's proof of birthdate and your contact info (mailing address) to Marilyn Harry through the email listed below.

Funding per family will depend on how many enroll.

You will be eligible for the services listed below.

- ✓ Food security funding
- ✓ Participate in cultural workshops in your area
- ✓ Winter clothing
- ✓ ?ay?ajuthem language resources



**ENROLL NOW**



**250-935-6536**  
ext. 323



**marilynharry@klahoose.org**  
**klahoose.org/education**

**VIA QR CODE**

# HEALTH & WELLNESS

## ■ Contacts to know!

Kari Hackett, Health Centre Manager

P: (250) 935-6536 Ext. 251

E: karihackett@klahoose.org

To book doctor appointments at the Klahoose Health Center:

Gina Hallihan, Registered Nurse

P: (250) 935-

E: ginahallihan@klahoose.org

Chona Fyfe, Health Center Assistant

P: 250-935-6536 ext. 338

E: chonafyfe@klahoose.org

## čiy čuy (Children) and Family Department

Stephanie Konefall, Children Senior Policy Analyst

E: stephaniekonefall@klahoose.org

## ■ Medical Travel: Province wide!

Did you know that Klahoose expanded their Medical Travel Program to support all Klahoose members that live in BC? Now you do!

Connect with our medical travel team VIA email, phone for more information. You can also go to our Health page on the Klahoose Website!

### Medical Travel Contact Information

Medical Travel Coordinators: Anita Noble & Tiffany Jamieson

E: medicaltravel@klahoose.org

P: 1-506-717-7988

eFax: 250-410-3477



## ■ Lisa-Marie Gruger

*Clinical Counsellor*

Lisa Marie has a diverse range of counselling experiences, ranging from working with children and adolescents with behaviour and psychiatric disorders to supporting individuals who were transitioning out of abusive relationships and into education and/or employment.

- Individual counselling
- Parent and family counselling for children, adolescents, and their families
- Couples counselling
- Clinical supervision

P: (250) 287-5974

E: limg@lmgruger.ca

## ■ CANCELLED SMARTRecovery - every Monday!

5:15 - 6:30 PM every Monday @ Online

The SMART Recovery program will be cancelled from November 10<sup>th</sup> to December 22<sup>nd</sup>, 2025. Stay tuned for more information regarding these sessions in the new year!

Please contact Lisa Marie if you would like to attend these sessions or would like more information regarding SMARTRecovery.



Lisa Marie Gruger

W: limg@lmgruger.ca

## COMMUNITY BUS INFO

### KLAHOOSE COMMUNITY BUS SCHEDULE EVERY TUESDAY & THURSDAY

Departure Location	Departure Times
Klahoose Village	8:30 AM
Whaletown Terminal, Cortes Island	9:55 AM Ferry Departure
Quathiaski Cove Terminal, Quadra Island.	11:00 AM Ferry Departure
Shoppers Drug Mart, Tyee Plaza in Campbell River.	3:30 PM
Campbell River Ferry Terminal	4:00 PM Ferry Departure
Heriot Bay Ferry Terminal	5:05 PM Ferry Departure
Klahoose Village	6:30 PM

#### To book a seat on the Community Bus:

Please contact Ian Ross, Driver

P: (250) 203-8360

E: [ianross@klahoose.org](mailto:ianross@klahoose.org)

#### ■ KLAHOOSE COMMUNITY BUS INFORMATION Island Connections with Convenience

*All prices include BC Ferry fares.*

Every Tuesday & Thursday!

Children under 5 years old ride for free.  
Klahoose Band Members & Staff get a \$10.00 discount from the posted price.

Round trip rates (*Cortes Island to Campbell River and back*):

**Adult:** \$50.00

**Senior:** \$30.00

**Child (Ages 5-11):** \$35.00

One-way rates (*Cortes to Campbell River*):

**Adult:** \$30.00

**Senior:** \$20.00

**Child (5 - 11):** \$20.00

One-way rates (*Campbell River to Cortes Island*):

**Adult -** \$40.00

**Senior -** \$20.00

**Child (Ages 5 - 11) -** \$25.00

#### ■ Better-at-home Program

The Better-At-Home Program is offering one subsidized trip per month on the Klahoose Community Bus.

This program is set up to help low-income seniors, Klahoose Elders are eligible as well!

Applicants are to be 65 years of age or older and require to submit their full name, date of birth, and documentation of last years total income.

To apply please contact Ester!

☎ P: (250) 204-2116

✉ E: [betterathomecortes@gmail.com](mailto:betterathomecortes@gmail.com)

## GENERAL INFORMATION

### ■ Reduce, Reuse, Recycle!

#### Every Tuesday is Compost Day!

Please have your compost bucket at the end of your driveway before **2:00 PM Pick-up**.

#### Every Wednesday is Recycle Day!

Please have your tri-colour recycling bags at the end of your driveway before **9:00 AM Pick-up**.

#### Every Thursday is Garbage Day!

Please have your garbage bins out at the end of your driveway before **9:00 AM pick-up!**

*Remember, 2 bags per household.*

Do you have clothes and/or household items that can be reused?

The Cortes island Free Store Spring hours are from **9:00 AM - 12:30 PM, Thursday - Sunday.**

Did you miss a recycle or garbage day?

The Cortes Island Recycling Center spring hours are from **9:00 AM - 1:00 PM, Thursday - Sunday.**

Please use the signage posted for the appropriate recycling areas and if you need help, don't be shy to ask of the Recycling Center workers for more information.



## KLAHOOSE II WATER TAXI

### ■ Desolation sound and surrounding locations!

**Standard rate:** \$300 per hour & \$100 per hour waiting rate.

**Klahoose Member rate:** \$125 per hour & \$50 per hour waiting rate.\*

#### Payment information:

- EFTs: Email to [directdeposit@klahoose.org](mailto:directdeposit@klahoose.org) with "Klahoose Water Taxi" and date of travel.
- Cheque: made to "Klahoose First Nation"
- The Finance Department accepts cash payments from Monday to Thursday, 9:00 AM - 5:00 PM PST.

To Book the Klahoose II for your next adventure or commute:

*Eva Delorme*

📞 P: (250) 935-6536 ext. 225

📞 C: (778) 718-2762

✉️ E: [klahoosewatertaxi@klahoose.org](mailto:klahoosewatertaxi@klahoose.org)

# CORTES ISLAND LOCAL INFO PAGE 1

## ■ Island Store Hours - Fall!

### Gorge Harbour Marina Resort Store

Monday - Friday: 9:00 AM - 6:00 PM

Saturday - Sunday: 10:00 AM - 6:00 PM

### Squirrel Cove Trading Co. Store & Gas

Wednesday to Sunday: 9:30 am - 5:30 PM

Propane available: Friday to Sunday

### Cortes Market

Monday to Saturday: 9:00 AM - 8:00 PM

Sunday & Holidays: 10:00 AM - 6:00 PM

Coffee & Deli ends 30 mins before closing.

*Mondays are seniors day!*

### Natural Food Co-op Store, Bakery & Cafe

Monday to Friday: 9:00 AM - 7:00 PM

Saturday & Sunday: 10:00 AM - 6:00 PM

Bakery - 7 days a week

Cafe - Tuesday to Saturday: 9:00 AM - 3:00 PM

## ■ Canada Post Offices & Outlets

### Squirrel Cove Location @ Squirrel Cove Trading Co.

Wednesday - Sunday 9:00 AM - 6:00 PM

### Mansons Landing Location

Monday, Wednesday & Friday: 7:30 AM - 11:00 AM &

12:30 PM - 4:30 PM.

### Whaletown Location

Monday, Wednesday & Friday: 7:30 AM - 10:30 AM &

11:30 AM - 4:30 PM.

## ■ Island Phone Books

Telephone book/community directory for Quadra Island and Cortes island. Containing business listings (Yellow pages), private listings (white pages), emergency numbers and a community bulletin board,

🌐 For more information, please use the [Island Phone Books Website](#) or QR Code below.



Cortes Island/Quadra Island  
Local Phone Books.

## LOCAL BC FERRY SCHEDULE

Departure: Whaletown Terminal* to Heriot Bay Terminal Duration: 45 Minutes, Monday - Sunday	Departure: Heriot Bay Terminal** to Whaletown Terminal Duration: 45 Minutes, Monday - Sunday.
7:55 AM	9:05 AM
9:55 AM	<b>11:05 AM</b>
11:55 AM	1:10 PM
<b>2:00 PM</b>	3:05 PM
3:55 PM	5:05 PM
5:55 PM	6:45 PM

**On Tuesdays: No passengers permitted - Dangerous Cargo Sailing Only**

\*Boarding is based on order of arrival. Check in is closed five minutes prior to scheduled sailing.

\*\*Check in and ticket sales close three minutes prior to scheduled sailings.

*These posted sailing times were last updated June 24<sup>th</sup>, 2025. from the BC Ferries Official Website*

## CORTES ISLAND LOCAL INFO PAGE 2

### Local things!

#### BC Ferries Update - Cortes Island Route

The Tachec, ferry terminal in Whaletown and Heriot Bay, Quadra Island will be shut down from February 9<sup>th</sup> to March 1<sup>st</sup>, 2026.

A Water Taxi, with the capacity of 40 people will leave from the Mansons Landing Dock, 6 x a day with a shuttle available across Quadra Island. For those that want to leave a vehicle on Quadra Island, there will be parking available.

A Landing craft will be transporting essential service vehicles and dangerous cargo and can hold up to 16 regular vehicles and 12 passengers (There will be an application process to take a limited amount of other personal vehicles).

You can stay up to date through the BC Ferries email list, see QR Code below!



BC Ferries Website - Heriot Bay to Whaletown Ferry Terminal Updates.



#### Somatic Awareness for Women

First Monday of Every month

10:00 AM - 11:30 AM

Facilitated by Judyth, Sponsored by the Womens Center.

Open to all women - Donations welcomed.

#### Fall Ayurvedic Cooking Workshop

Saturday November 8<sup>th</sup>, 2025

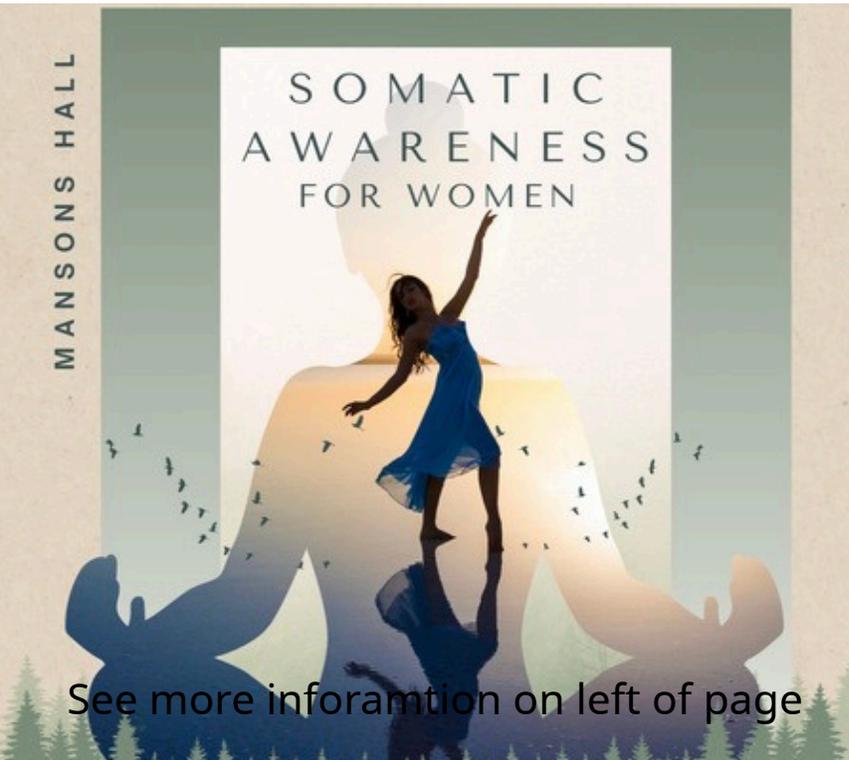
11:00 AM - 3:00 PM

The final workshop in this seasonal 4-part series, we honor the season of fall and learn to cook according to our inner and outer environments, applying principles of Ayurveda.

Fun, creative, and spontaneous! All are welcome including children aged 10 years and up accompanied by an adult.

Cost: \$60 per person

To sign up: [Rainer@sahaja-ayurveda.ca](mailto:Rainer@sahaja-ayurveda.ca)



See more information on left of page



You can find all these events, Services and more on the Cortes Island Tideline! [www.cortesisland.com](http://www.cortesisland.com)

**We would love for you to join us!**

# **KLAHOOSE HOLIDAY**



## **PARTIES!**



**Please mark your desired party on your calendars and register through the QR Code or link!**

**All Party information is also available on the Events Calendar**

**Gift registration Deadline: October 31<sup>st</sup>, 2025.**



### **AUBURN PARTY!**

**Saturday, Dec. 6<sup>th</sup>, 2025.  
11:00 AM to 3:00 PM**

**Auburn Parks Art's & Recreation, 910 9th St SE,  
Auburn, WA, 98002**

### **Campbell River Party!**

**Wednesday, Dec. 10<sup>th</sup>, 2025  
5:00 PM to 8:00 PM**

**Quinsam Hall, 2005 Eagle Dr,  
Campbell River, BC V9H 1V8**



### **gathet (Powell River) Party!**

**Thursday, Dec. 11<sup>th</sup>, 2025.  
5:00 PM to 8:00 PM**



**Salish Center  
4885 HWY 101, Powell River  
BC, V8A 0B7**

### **t'og' (Squirrel Cove) Party!**

**Monday, Dec. 15<sup>th</sup>, 2025.  
5:00 PM to 8:00 PM**



**Klahoose Multipurpose Building.  
1730 Tork Rd, Squirrel Cove, BC  
VOP 1T0**

**Event Coordinator: Georgina Silby**

**E: [events@klahoose.org](mailto:events@klahoose.org)**

**P: 250-935-6536 ext. 305**

