

Newsletter March 07th. 2025.

Page 1 of 16

OUR NEWSLETTER

Communications 101

Ooo we had a touch of spring this week! Or as some people call it "false spring".

This edition of the newsletter includes a write-up about our conversation regarding upcoming Canoe Events, new words-of-the-week, Firefighting Practices and a event opportunity from our čiy čuy (Children) and Family Department.

Want to see something in the newsletter? Please send me your ideas!

Eva Delorme, contact information on the bottom of each page!



Word/Phrases of the week.

- Åičtəm sleepy
- tɛkınukʷt sweater
- θaθ?əmin jigging line
- ?o?j̃ıs collect/gather
- xaws new
- Hoč I go or I am going.
- hoč ?εmiš te x^wujumayε I am going to walk to the store.

All these can be found on the First Voices website or App

Upcoming Week Events

- Reading Club Monday March 10th @ Council Chambers, MPB 4:00 pm - 5:00 pm
- SMARTRecovery Monday, March 11th @ Health Center 4:00 PM - 5:00 PM
- Prescriptions Available Wednesday March 12th @ Health Center 1:00 pm to 4:30 pm
- ayajuthem Nutritional Bingo
 Wednesday March 12th @ Main Hall, MPB.
 5:00 pm 8:00 pm.
- Culture Night peyote beading! Thursday March 13th @ Main Hall, MPB. 5:00 pm - late (end time varies)
- Election Polling Saturday, March 15th @ Main Hall, MPB. Stations open from 8:00 am - 8:00 pm Klahoose WT Charter from Lund available.

Following Weeks Events

Visiting Tla'amin Culture Group Wednesday March 19th - 20th @ Tla'amin Community 2:00 pm to 4:30 pm See details on page 4

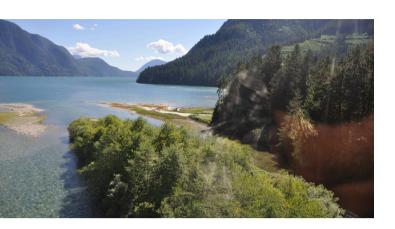
2:00 pm to 4:30 pm, See details on page 4

- Ayajuthem Traditional Storytelling, Monday March 24th 2025 @ Boardroom, Multipurpose Building.
 2:00 pm to 4:30 pm, See details on page 4
- Education Trip to Victoria Wednesday March 27th - 29th See details on page 4

More event information on page 3 & 4!







Maintenance Supervisor -Full Time

Maintenance Department The Maintenance Supervisor is responsible for supervision and maintenance of all daily operations and maintenance of Infrastructure buildings, equipment, tools, Public Works Systems (including Water Treatment System, Sewer and Wastewater Management System, roads, hydrants, culverts, ditches, parks, etc) In addition, the Maintenance Supervisor is responsible for the supervision, scheduling, and quality control of all Maintenance & Public Works Staff.

Send resumes & cover letters to recruitment@klahoose.org or bring them directly to the Klahoose Multipurpose Building!

You can find more information and full job descriptions on our website www.klahoose.org/jobpostings or QR code!



Emergency Planning Coordinator -Full-Time

Emergency Management Team The Emergency Planning Coordinator is responsible for coordinating the Klahoose First Nation Emergency Planning Committee, and working with the Infrastructure & Development Manager to develop the Emergency Management Department.

Education Department Supervisor -Full-Time

Education Department

The Education Department Supervisor manages the education department's operations, staff, and programs ensuring compliance with educational standards and enhancing student success. This position is responsible for budget management, grant writing and fostering partnerships to support and improve educational services.







JOB POSTINGS PAGE 2



Medical Finance Clerk -Part Time/Full Time.

Health Department

The Finance Clerk is responsible for providing financial and administrative support to the organization. Their role involves various tasks related to financial management, record-keeping, and reporting.

Health Center Assistant -Full-Time

Health Department

Under the supervision of the Health Centre Manager the duties and responsibilities of the Health Centre Admin are best summarized as administrative tasks, patient interaction, and assisting with clinical functions

Send resumes & cover letters to

recruitment@klahoose.org or bring them directly to the Klahoose Multipurpose Building!

You can find more information and full job



Home Support Worker Part-time/Full-time

Health Department

The Home Support Worker provides essential cleaning and personal support services to individuals living in their own homes within the community. This role focuses on assisting Elders, persons with disabilities, and other community members who require help with daily living activities while promoting dignity, independence, and cultural sensitivity.

Community Health Worker Casual/On-Call

Health Department

We are currently seeking a casual/ on call Community Health Worker to play a crucial role in providing support to the Klahoose First Nation community.

Other Work Opportunities: work for one of our sister nations!

Live in qathet or the big island? Find your next career opportunity!

https://www.tlaaminnation.com/homepage/jobs-bamboo/



https://www.homalco.com/category/curr ent-employment-opportunities/



https://komoks.ca/komoks-careers/





JOB POSTINGS PAGE 3

Assistant Resort Manager -Full Time/Seasonal

Klahoose Wilderness Resort

This position is based on a daily, split-shift routine: AM service into housekeeping and PM meal service into clean up/reset for morning service.

Guest Services (Housekeeping & Meal Service) - Full Time/Seasonal

Klahoose Wilderness Resort

This position is based on a daily, split-shift routine: AM service into housekeeping and PM meal service into clean up/reset for morning service.

Skipper/Boat Captain -Full-Time/Seasonal

(Mid-April to late-October)

Klahoose Wilderness Resort

This position is based on a daily, split-shift routine: AM service into housekeeping and PM meal service into clean up/reset for morning service.

Sous Chef -

Full-Time/Seasonal

Klahoose Wilderness Resort

This position is based on a daily, split-shift routine: AM service into housekeeping and PM meal service into clean up/reset for morning service.

To apply for any of the job postings above, please send a cover letter and resume to manager@klahooseresort.com



Store Clerk Full-Time/Part-Time

Gorge Harbour Marina Resort

The Gorge Harbour Marina Resort is looking for an energetic and friendly clerk for the Gorge Store to help maintain their inventory of all items and products while providing exceptional customer service. See full job description.

Cook (Food Truck) Full-Time

Gorge Harbour Marina Resort

The Gorge Harbour Marina Resort is seeking a skilled and enthusiastic Cook to join our food truck team.

Bookkeeper Full-Time

Gorge Harbour Marina Resort

Are you a detail-oriented professional with a passion for numbers and organization? The Gorge Harbour Marina Resort is seeking a Bookkeeper to join our team. This is a part-time, onsite role offering flexibility and a chance to work in a stunning marina setting.

To apply for any of the job postings above, please send a cover letter and resume to team@gorgeharbour.com

Want to know more about these job postings? You can check the full job descriptions at: <u>klahoosewildernessresort.com</u> <u>gorgeharbourmarinaresort.com</u> <u>klahoose.org/job</u>





EVENTS PAGE 1

Election Polling

Date: Saturday, March 15th, 2025 @ Location: Main Hall, Multipurpose

positions must be filled on Council: ONE (1) Chief position available. FOUR (4) Councillor positions available. See more information on Page 6.

Community Luncheon

Date: Monday March 17th Location: Main Hall, Multipurpose **Time:** 12:00 pm

appointed Chief and Councillors.

Klahoose Elections 2025 Webpage

exclusively dedicated to our upcoming election event. Check it out:

klahoose.org/klahooseelection2025





Traditional Stories in avajuthem

with Dominic Fode and Elder Molly Harry from Homalco First Nation.

Date: Monday March 24th, 2025.

Time: 2:00 pm - 4:30 pm Location: Boardroom, Multipurpose Building.

Agenda:

2:00 PM - First story of the day: Dominic and Molly will be presenting a traditional story (recorded in ayajuthem) for participants to listen to, translate, and dive into the meaning of this story.

3:30 PM – Second story of the day, Students back from school are highly encouraged to come and attend (shorter session)

This event is open to everyone; no previous ayajuthem experience is required to attend. qwaqa host (Let's qo)! Snacks and refreshments will be provided.

Culture Nights

Thursday, March 13th, 2025: we will continue to be learning the peyote stich to bead eagle feathers and keychains for our upcoming Canoe Journey protocols.

Come together to engage in cultural crafting, where you can put your hands and hearts into creating gifts that carry deep traditional significance. In line with traditional teachings, the wealth of an individual, family, or nation is reflected in their ability to give to others.

Ongoing Theme: Preparing gifts and regalia will continue to be a central focus at future Culture Nights.





Klahoose Elections 2025 Candidate statements available on the Klahoose Website Elections Page!



March 15th, 2025, 8:00 am to 8:00 pm: polling is open!



klahoose.org/election2025



Notice of Election

Notice is hereby given to the electors of the *Klahoose First Nation* that a poll will be held to elect ONE (1) Chief and FOUR (4) Councillors this takes place on March 15, 2025 from 8:00 a.m. to 8:00 p.m. at Klahoose Multi-purpose/Band Office Building located at 1730 Tork Rd Squirrel Cove BC VOP 1T0. All ballots cast will be counted following the close of the poll on polling day on *March 15,2025 at the Klahoose Multi-purpose/Band Office building*.

Candidates for Chief:

Hanson, Duane J (DJ) Lessard, Ben McGee-Kok, Mavis Peacey, Kevin

Candidates for Council:

Beler, Dwayne K Brown, Arlene Robin Francis, Sharon Hanson, Helen Nora James, Lorna Mathieu, Laurier Louie McGee, Andrew Reyes, Leticia Robinson, Michelle

The Electoral Officer shall, at least thirty-five (35) days prior to the date on which the election is to be held, mail to every Elector who is not ordinarily resident on the Reserve and to every Elector whose application to vote by Mail-in Ballot has been received. An Elector who is ordinarily resident on the Reserve and who is unable to vote in person on election day may, no later than twenty (20) days prior to the date (Feb 23, 2025) on which the election is to be held, request a Mail-in Ballot package from the Electoral Officer. An Elector who is not ordinarily resident on the Reserve who has not received a Mail-in Ballot package may, not later than twenty (20) days (February 23, 2025) prior to the date on which the election is to be held, request a Mail-in Ballot package from the Electoral Officer.

The elector's list is posted for public viewing at the Klahoose Multi-purpose/Band Office Building located at 1730 Tork Rd Squirrel Cove BC V0P 1T0.

Given under my hand this January 31, 2025.

Rosis Holmes

Rosie Holmes Electoral Officer PO Box1 Squirrel Cove BC V0P 1T0 Telephone: 250-516-3618 Email: rosietholmes@gmail.com

ČIY ČUY (CHILDREN) & FAMILY EVENTS PAGE 2

ayajuthem Nutritional Bingo

with Marilyn Harry & Norman Harry Sr.

Dates: Wedbesdays

- March 12th
- March 26th

Time: 5:00 pm - 7:30 pm **Location**: Main Hall, Multipurpose Building.

čiy čuy (Children) and Family Reading Club with Marilyn Harry Dates: Mondays

- March 10th
- March 17th
- March 24th
- March 31st

Time: 4:00 pm - 5:00 pm **Location**: Boardroom, Multipurpose Building.

Craft Workshop

with Marilyn Harry

Date: Tuesday March 18th, 2025 **Time:** 5:00 pm - 8:00 pm **Location:** Main Hall, Multipurpose Building.

Want to attend any of these events? Please feel free to reach out to our Education:

Marilyn Harry

Education Funding Officer **Telephone Number:** (250) 935-6536 Ext. 232 **Email Address:** educationfunding@klahoose.org



You can find all these events and more on our events calendar! Check it out through the QR code or link. <u>https://www.klahoose.org/eventscalendar</u> Traditional Territory trip for Elders with Marilyn Harry

Date: Friday March 21st, 2025 **Time:** 10:00 am departure from Klahoose Dock, dinner at 4:00 pm at Main Hall, Multipurpose Building.

Visiting T'lamin Culture Group (Overnight) with Marilyn Harry

Date: Wednesday March 19th - Thursday March 20th, 2025

Time: 2:00 pm departure, arriving back around 1:00 pm following day

Location: T'lamin Reserve.

Please contact Marilyn Harry if you would like to attend this event!

Trip to Victoria (Two Night Stay) with Marilyn Harry

Date: Thursday March 27th to Saturday March 29th. 2025 T**ime:** Catching 9:55 am ferry from Whaletown Ferry Terminal.

We will be visiting the Royal BC Museum and iMAX theater.





klahoose.org | info@klahoose.org | Phone: (250) 935-6536



Firefighting Practices

Group Photo with some of our firefighters with First Nations Emergency Services Society's Instructors Cathy & Bryan after a day of Fire Hydrant training.

We will be soon be starting fire practices every two weeks, we welcome all who are interested in joining to attend!

Please contact Danica Rice, Infrastructure and Development Manager. **Telephone:** 250-935-6536 extension 245 **Direct Telephone Line:** 1-778-717-7849 **Email Address:** danicarice@klahoose.org





Culture Night; Review!

On February 27th, 2025, some of our Canoe Family gathered in initiative to start planning for the upcoming Canoe Journey Season starting July 2025.

We discussed fundraising events and interest in which events the group would like to attend.

Interested in joining? Please let us know by March 28th as it is crucial we have numbers of attending persons.

Please contact Georgina Silby, Events Coordinator if you would like to attend any of the following: local canoe journey, Tribal Journey 2025 down to Elwah.

Telephone Number: 250-935-6536 extension 305

Email Address: events@klahoose.org





HEALTH CENTER

Contacts to know!

Kari Hackett, Health Centre Manager **Telephone Number:** (250) 935-6536 Ext. 251 **Carte Email Address:** karihackett@klahoose.org

To book doctor appointments at the Klahoose Health Center:

Gina Hallihan, Registered Nurse

Telephone Number: (250) 935-6536 Ext. 327 **Email Address:** ginahallihan@klahoose.org

čiy čuy (Children) and Family Department

?ət^θ nan Stephanie Konefall, Senior Policy Analyst, hɛɬ Klahoose First Nation ?ət^θ niš ṗaṗɛm.

As part of the Child and Family Department design process, we are planning a Women's Planning Circle in the spring to discuss some of the hopes and dreams for a child and family department!

If you are interested in joining this activity, please reach out to Stephanie Konefall with your name and an email to be added to our information list!

Email Address: stephaniekonefall@klahoose.org

Social Worker Contact information Eugene Semple, Social Worker.

- Telephone Number: 250-935-6536 extension 333
- Email Address: eugenesemple@klahoose.org

SMARTRecovery - every Monday!

4:00 - 5:00 PM every Monday @ Health Centre

SMART Recovery offers support to family and friends of an individual with an addiction. As well, it supports folks who are struggling with addiction. Each week, new tools and skills are presented!

Beverages and snacks are provided, as well as a weekly gift card draw!

📕 Lisa-Marie Gruger

Clinical Counsellor

After working in a variety of settings, ranging from correctional facilities and hospitals to community mental health, First Nations communities and nonprofit agencies, Lisa Marie has a diverse range of counselling experiences, ranging from working with children and adolescents with behaviour and psychiatric disorders to supporting individuals who were transitioning out of abusive relationships and into education and/or employment.

- Individual counselling
- Parent and family counselling for children, adolescents, and their families
- Couples counselling
- Clinical supervision

Telephone Number or text: (250) 287-5974 **■Email Address:** Img@Imgruger.ca



Revitalizing Indigenous Heritage to Combat the Toxic Drug Crisis Workshop

See more information on page 11.

čiy čuy (Children) and Family Department has funds to be able to send up to 6 people from Klahoose to this event, accomidation and travel will be provided. First come first serve.

If you would like to utilize this great opportunity please contact Eugene Semple, Social Worker before March 14th at 3:00 pm.

Telephone Number: 250-935-6536 extension 333
 Email Address: eugenesemple@klahoose.org



Revitalizing Indigenous Heritage to Combat the Toxic Drug Crisis Gathering 2025.

"Bringing Our People together to start building solutions and healing together "

If you have been deeply impacted by the toxic drug crisis, in recovery, lost in addiction, or lost a loved one, you are all invited to attend. Lets unite to tackle this crisis head on!

When: March 22nd-23rd 2025 Where: Campbell River BC, Thunderbird Hall, 1420 Weiwaikum Road. Time: doors open at 8:30 AM Starting : 9:30 AM both days, ending at 4:30 PM on day one and ending at 1:30 PM (

Starting : 9:30 AM both days, ending at 4:30 PM on day one and ending at 1:30 PM on day two.

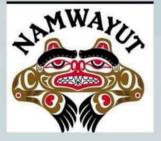
No registration is required, everyone is welcome. All we ask is to sign in and out each day for safety reasons, lunch will be served both days. For more information you may email: Namwayutsociety@outlook.com Brought to you by FNHA, NCW Society and Puguma Consulting.

FEATURING GUEST SPEAKERS: DR. CHIEF ROBERT JOSEPH & JAMES HARRY SR.



First Nations Health Authority Health through wellness





Organization of this great event is by Volunteership

HEALTH CONTINUED

Medical Travel Team

Anita Noble Medical Travel Coordinator Phone: (250) 935-6536 Ext. 330 Email: medicaltravel@klahoose.org

Tiffany Jamieson Medical Travel Coordinator Phone: (250) 935-6536 Ext. 330 Email: medicaltravel@klahoose.org



KLAHOOSE HEALTH BUS FALL SCHEDULE

Leaving Location	Departure Times
Klahoose Village	8:30 AM
Whaletown Terminal, Cortes Island	9:55 AM Ferry
Quathiaski Cove Terminal, Quadra Island.	11:00 AM Ferry
Shoppers Drug Mart, Tyee Plaza in Campbell River.	3:30 PM
Campbell River Ferry Terminal	4:00 PM Ferry
Klahoose Village	6:30 PM

KLAHOOSE HEALTH BUS Island Connection with Convenience For booking: Ian Ross, Driver

- 📞 Phone: (250) 203-8360
- Email: ianross@klahoose.org All prices include BC Ferry fares.

Children under 5 years old ride for free. Klahoose Band members get a \$5.00 discount from the posted price.

Round trip rates (*Cortes Island to Campbell River and back*): Adult: \$45.00 Senior: \$25.00 Child (Ages 5-11): \$30.00

One-way rates (*Cortes to Campbell River*): Adult: \$25.00 Senior: \$15.00 Child (5 - 11): \$15.00

One-way rates (*Campbell River to Cortes Island*): **Adult -** \$35.00 **Senior -** \$15.00 **Child (Ages 5 - 11)** - \$20.00

Better-at-home Program

The Better-At-Home Program is offering one subsidized trip per month on the Klahoose Community Bus.

This program is set up to help low-income seniors, Klahoose Elders are elidgible as well!

Applicants are to be 65 years of age or older and require to submit their full name, date of birth, and documentation of last years total income.

To apply please contact Ester!

Phone: (250) 204-2116 Email: betterathomecortes@gmail.com



HEALTH CORNER

Plan W (Plan Wellness) Hello Folks!



March 20th, 11:00 AM @ Multipurpose Building. The Cove pharmacy will be coming to do another visit here at Klahoose. They would like to give a short presentation at the Main Hall, Multi-purpose building regarding the things that the pharmacy can offer

Did you know that they are able to prescribe certain antibiotics, topical ointments, electrolytes, vitamin C, and other medications or supplements that you may require for good Health? Many of these items are covered by Plan W (Plan wellness).

The pharmacist and student will be available to do medication reviews and also offer Shingrix vaccine for those needing either first or second doses. It is covered by Plan W for folks that are 60 and over.

Please contact the Health Center at (250) 935 0251 if you are interested!

Walking Group

Calling all walkers!

We are meeting Tuesdays at 10:30 am at the bus stop at Klahoose to walk the loop! Come get some steps in, some fresh air and have a chat around the loop. See you Tuesday!



Health Center Telephone Number: (250) 935 0251

Gina Halihan, Registered Nurse Email Address: ginahallihan@klahoose.org.

Congratulations to Chona Fife - Health Center Admin Support.

We are pleased to announce that Chona Fyfe has been selected as the Health Centre Admin Support.

Congratulations, Chona! 🎉

As she transitions out of her home support role, she will continue providing assistance until replacements are found. However, please note that weekly support hours may decrease for some households during this transition.

To ensure continued support, we have advertised for a home support worker and reached out to cleaning companies in Campbell River, who are willing to provide services.

We appreciate your patience during this transition and look forward to providing continued support to the community!

Spring Cleaning Support for Elders

We are exploring Spring Cleaning Support for Elders! If you're interested in having a cleaning company assist with a deep clean while also assessing and addressing any fall prevention risks, please let us know.

Contact Eugene Semple to learn more or to add your name to the list:

Email: eugenesemple@klahoose.org **Phone:** 250-935-6536 Ext. 333 Or call the Health Centre for more details.







GENERAL INFORMATION

Calling all Klahoose Elders!

If anyone would like to help organize events and field trips for the Elder's in 2025, we are looking for assistance with planning, logistics, and communications. There is an Elder budget to work with and honorariums available to help with doing this good work. Thank you for considering.

Please contact Georgina Silby. Email Address: georginasilby@klahoose.org Telephone Number: 250-935-6536 ext. 305



Reduce, Reuse, Recycle! Every Tuesday is Compost Day!

Please have your compost bucket at the end of your driveway before **2:00 PM Pick-up.**

Every Wednesday is Recycle Day!

Please have your tri-colour recycling bags at the end of your driveway before **9:00 AM Pick-up.**

Every Thursday is Garbage Day!

Please have your garbage bins out at the end of your driveway before **9:00 AM pick-up!** *Remember, 2 bags per household.*

Have clothes and/or household items that can be reused?

The Cortes island Free Store Fall hours are from 9:00 AM - 12:30 PM, Thursday - Sunday.

Klahoose čiy čuy (Children) School & Elder lunches

Every day there is school, the Klahoose Kitchen will be providing the school čiy čuy (Children) with a healthy bag of lunch delivered to the t'oq' bus stop for 8:00 AM.

Do you or your čiy čuy (Children) have any allergies?

Please call the Multipurpose Building Reception to let us know!

Elder lunches are delivered door to door.

email: klahoosekitchen@klahoose.org or denisehanson@klahoose.org

KLAHOOSE II WATER TAXI

 Desolation sound and surrounding locations! For booking Eva Delorme
 P: (250) 935-6536 ext. 225
 C: (778) 718-2762
 E: klahoosewatertaxi@klahoose.org Standard rate: \$300 per hour & \$100 per hour waiting rate.
 Klahoose Member rate: \$225 per hour & \$50 per hour waiting rate.

E-transfers: directdeposit@klahoose.org Cheque: made to "Klahoose First Nation" The Finance Department accepts cash from Monday to Thursday, 9:00 AM - 5:00 PM PST.



klahoose.org | info@klahoose.org | Phone: (250) 935-6536

K'ÓMOKS FIRST NATION 2025 1ST ANNUAL CAREER FAIR



- Get a jump start on summer student opportunities
- Network & build connections for full time work
- Access Indigenous support & funding services for education & employment
- Receive Youth resume building support

DATE

TIME 11:00AM - 4:00PM

KFN GYM 3320 Comox Road, Courtenay, BC

03

Creative Employment Access Society/Foundry Allteck NVIATS SD71 Canadian Coast Guard Marmot Recovery Program North Island College Skilled Trades BC Wachiay Friendship Center BC First Nations Forestry Council Nootka Marine Adventures Compass Adventures Island Health

Join us in building stronger connections.

AND MORE!!!

•	•	•
•	•	More Information
•	•	 Education Coordinator erin.higginbottom@komoks.ca
•	•	250-339-4545 ext. 1

Employers, Employment Services, Community Partners & Indigenous Professionals sharing resources, Employment opportunities & experiences

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MULTI-AWARD WINNING HIP-HOP ARTIST & MOTIVATIONAL SPEAKER KEYNOTES - ENGAGING WORKSHOPS - MOTIVATIONAL HIP-HOP PERFORMANCES - HIP-HOP DANCE PARTY

FEATURING

K'ÓMOKS IS HOSTING THE TRADITION OVER ADDICTION EVENT FEATURING K.A.S.P!

Invite open to all K'ómoks First Nation, Sister Nation, and SD71 Indigenous Education Youth aged 10+ years. Chaperones required: up to 5 youth/chaperone.

Event details:

WED MARCH 26 10am to 4pm THURS MARCH 27 10am to 6:45pm FRI MARCH 28 10am to 3pm

KFN GYM @ 3320 Comox Road, Courtenay

RSVP BY WEDNESDAY MARCH 12 to

Andrea MacDonald at **andrea.macdonald@komoks.ca** or to Amy Criss at **amy.criss@komoks.ca**